

FVAC 5k Spring Series 4th Race.

Place	Time	Number	First Name	Surname	Sex	Club
1	15.39	348	James	Speight	SM	Finn Valley A.C.
2	15.46	406	James	Flanagan	SM	Tír Chonaill AC
3	16.21	277	Martin	Cox	SM	Omagh Harriers
4	16.28	411	Adam	Friel	SM	Letterkenny A.C.
5	16.29	269	Paul	Ward	SM	Tír Chonaill AC
6	16.40	221	Cathal	Mc Laughlin	SM	Foyle Valley A.C.
7	16.42	442	Garvin	Walker	SM	Letterkenny A.C.
8	16.51	224	Chris	Mc Guinness	SM	Foyle Valley A.C.
9	17.03	412	Kieran	Mc Bride	SM	Letterkenny A.C.
10	17.08	270	Martin	O' Halloran	M40+	Tír Chonaill AC
11	17.11	276	Conor	Moore	SM	Omagh Harriers
12	17.23	286	Sean	Mc Gettigan	SM	Finn Valley A.C.
13	17.25	342	Humphrey	Murphy	M40+	Letterkenny A.C.
14	17.27	352	Conor	Mc Cullagh	SM	Individual
15	17.35	296	Brain	Crossan	SM	Individual
16	17.48	612	Marus	Curran	SM	Individual
17	17.49	339	Joe	English	M50+	Letterkenny A.C.
18	17.54	600	P J	Boyce	SM	Cranford AC
19	17.56	338	Alan	Mitchell	SM	Finn Valley A.C.
20	17.56	264	Jude	O'Donnell	SM	Individual
21	17.57	260	Kieran	Graham	SM	Foyle Valley A.C.
22	17.59	452	Paddy	Mc Daid	SM	Letterkenny A.C.
23	18.13	271	Richard	Mc Carthy	M40+	Tír Chonaill AC
24	18.15	355	James	Crossan	SM	Lifford AC
25	18.18	258	Marcus	Mc Clintock	M35+	Letterkenny A.C.
26	18.20	613	Martin	McCrossan	SM	Individual
27	18.21	353	Pierce	Mc Cullagh	SM	Individual
28	18.21	334	Ryan	Porter	SM	Finn Valley A.C.
29	18.30	437	Simon	Ward	SM	Finn Valley A.C.
30	18.32	407	Brian	Ferry	SM	Individual
31	18.35	259	Kevin	Connolly	SM	Lifford AC
32	18.40	281	Adrian	Callaghan	M35+	Letterkenny A.C.
33	18.45	220	Jihn	Ò'Neill	-	Individual
34	18.48	430	Michael	Penrose	SM	Finn Valley A.C.
35	18.50	262	Kevin	Doherty	SM	Foyle Valley A.C.
36	18.55	795	Donal	Rowan	SM	Omagh Harriers
37	18.57	265	Ben	Dunleavy	M40+	Letterkenny A.C.
38	19.00	230	Danny	Mc Geehan	JM	Finn Valley A.C.
39	19.00	345	Shane	Mc Nulty	SM	Finn Valley A.C.
40	19.00	414	Drew	Doherty	SM	Finn Valley A.C.
41	19.04	272	Darren	Wallace	SM	Letterkenny A.C.
42	19.07	330	Kieran	Kelly	SM	Finn Valley A.C.
43	19.14	420	Colin	Mooney	SM	Individual
44	19.15	371	Joe	Gallagher	SM	Individual
45	19.19	448	Dermot	Mc Elchar	SM	Finn Valley A.C.
46	19.23	285	Paul	O'Gara	SM	24/7 Triathlon Club
47	19.26	792	Gareth	Kerrigan	SM	Individual
48	19.27	283	Pauric	Kelly	SM	24/7 Triathlon Club
49	19.29	223	Declan	Whoriskey	SM	Foyle Valley A.C.
50	19.29	350	Sean	Byrne	SM	Finn Valley A.C.
51	19.30	282	Margaret	Kelly	W35+	24/7 Triathlon Club
52	19.32	336	Steven	Travers	SM	Tír Chonaill AC
53	19.33	436	Patrick	Mc Glynn	SM	Finn Valley A.C.
54	19.35	347	Adam	Lynch	SM	Finn Valley A.C.

55	19.38	327	Brona	O'Gara	SW	24/7 Triathlon Club
56	19.38	329	Gavin	Crawford	SM	24/7 Triathlon Club
57	19.40	614	Patrick	McConigley	SM	Milford A C
58	19.42	278	Sean	Foley	SM	Finn Valley A.C.
59	19.46	410	Seamus	Sweeny	SM	Individual
60	19.47	403	Paul	Friel	SM	Individual
61	19.52	391	AN	Other	SM	Individual
62	19.53	615	Michael	Gallagher	SM	City Of Derry
63	19.55	294	Hugh	Gallagher	SM	Finn Valley A.C.
64	19.55	602	Liam	Marley	SM	Cranford AC
65	19.56	351	Mark	Denning	SM	Finn Valley A.C.
66	20.03	275	Daragh	Crossan	SM	Finn Valley A.C.
67	20.03	408	Dermot	Mc Granaghan	SM	Finn Valley A.C.
68	20.06	606	Johnny	Ward	SM	Tír Chonail AC
69	20.06	279	Mary	Connolly	SW	Finn Valley A.C.
70	20.07	604	Kevin	Mc Guire	SM	Individual
71	20.10	782	Tim	Flanagan	SM	Individual
72	20.11	290	Richard	Raymond	M50+	Letterkenny A.C.
73	20.15	601	Brendan	Mc Dyer	SM	Individual
74	20.28	423	Vaidas	Kriunas	SM	Individual
75	20.31	337	Pauric	Mitchell	SM	Finn Valley A.C.
76	20.31	780	Michael	Penrose (Jun)	SM	Finn Valley A.C.
77	20.33	293	Darren	Beecroft	SM	Individual
78	20.34	346	Joseph	Casey	SM	Individual
79	20.39	756	Patrick	McNamee	SM	Finn Valley A.C.
80	20.40	340	Michael	Mc Glinchey	SM	Finn Valley A.C.
81	20.41	288	Mirrian	Bonner	W35+	Finn Valley A.C.
82	20.43	789	Thomas	Quinn	SM	Individual
83	20.44	405	Trevor	Doherty	SM	Individual
84	20.46	425	Brendan	Patton	M45+	Finn Valley A.C.
85	20.50	229	Pauric	Mc Geehan	SM	Finn Valley A.C.
86	20.57	783	Morris	Laverty	SM	Finn Valley A.C.
87	20.58	451	Paul	Harris	SM	Letterkenny A.C.
88	21.00	284	Brendan	Delap	M45+	Letterkenny A.C.
89	21.02	289	Michael	Mc Menamin	SM	Finn Valley A.C.
90	21.04	266	Hugh	O'Donnell	SM	Individual
91	21.08	796	John	Mc Ginty	SM	Individual
92	21.09	257	Calvin	O'Brien	JM	Finn Valley A.C.
93	21.11	784	Declan	Carlin	SM	Finn Valley A.C.
94	21.14	415	Paul	Wilkinson	SM	Individual
95	21.17	754	Seamus	Kee	SM	Individual
96	21.19	424	Eilish	Patton	SW	Finn Valley A.C.
97	21.23	291	Frances	Duffy	SW	Foyle Valley A.C.
98	21.24	299	Rory	Mc Laughlin	SM	Finn Valley A.C.
99	21.27	326	Dominic	Friel	SM	Individual
100	21.30	335	Conor	Mc Gonagle	SM	Finn Valley A.C.
101	21.40	267	Maria	Mc Gonagle	SW	Finn Valley A.C.
102	21.52	788	Steven	Henderson	SM	Individual
103	21.55	427	Nakita	Burke	SW	Finn Valley A.C.
104	21.55	623	Tony	Gallagher	SM	Finn Valley A.C.
105	22.00	292	Sean	Mc Menamin	SM	Finn Valley A.C.
106	22.04	344	Martin	Anderson	SM	Finn Valley A.C.
107	22.11	287	Seamus	Gallen	SM	Individual
108	22.12	261	Dessie	Mc Court	SM	Foyle Valley A.C.
109	22.23	341	Sharon	Mc Laughlin	SW	Finn Valley A.C.
110	22.25	416	Amanda	Morrow	SW	Finn Valley A.C.
111	22.28	409	Pat	Mc Crudden	SM	Finn Valley A.C.
112	22.34	794	Niall	Mulrine	SM	Individual

113	22.40	426	Ciara	Kelly	SW	Finn Valley A.C.
114	22.49	419	Gillian	Marley	JW	Milford A C
115	22.49	444	Ann Marie	Lynch	SW	Finn Valley A.C.
116	22.51	421	Emily	Bonner	SW	Individual
117	22.55	413	Martin	Greene	SM	Finn Valley A.C.
118	22.59	297	Kathleen	Mc Nulty	SW	Finn Valley A.C.
119	23.01	438	Emer	Mc Clafferty	SW	Finn Valley A.C.
120	23.10	300	Maria	Speight	SW	Finn Valley A.C.
121	23.11	252	Seanie	Mc Devitt	M45+	Finn Valley A.C.
122	23.14	274	Patrica	Mc Kenna	W35+	Individual
123	23.14	273	Aidan	Mc Kenna	M35+	Letterkenny A.C.
124	23.24	343	Noreen	Bonner	W45+	Finn Valley A.C.
125	23.28	331	Duane	Long	SM	Individual
126	23.34	255	Sharon	Thompson	W35+	Finn Valley A.C.
127	23.35	418	Joe	Mc Glynn	SM	Finn Valley A.C.
128	23.43	625	Sinead	Gallagher	SW	Finn Valley A.C.
129	23.44	609	Rory	Mc Gowan	SM	Individual
130	23.45	610	Paul	Kelly	SM	24/7 Triathlon Club
131	23.46	785	Eloise	Carlin	JW	Finn Valley A.C.
132	23.51	755	Brian	McElwaine	SM	Individual
133	24.22	605	James	Maguire	SM	Individual
134	24.26	332	Mark	Devenny	SM	Individual
135	24.29	447	Cronan	Scanlon	SM	Finn Valley A.C.
136	24.30	324	Marie	Patton	SW	Individual
137	24.33	619	Gerald	Harkin	SM	Individual
138	24.42	435	Keith	Mc Brearty	SM	Individual
139	24.43	440	Gaynor	Lyndley	SW	Finn Valley A.C.
140	24.46	251	Evelyn	Mc Geehan	SW	Finn Valley A.C.
141	24.47	449	Dessie	Gallen	SM	Individual
142	25.05	797	Debbie	Houston	SW	Individual
143	25.18	349	Margaret	Gallagher	SW	Finn Valley A.C.
144	25.25	439	Deirdre	Collins	SW	Finn Valley A.C.
145	25.47	624	Jason	Gallagher	SM	Finn Valley A.C.
146	25.47	781	Josie	Lawlor	SW	Individual
147	25.51	791	John	Campbell	SM	Individual
148	25.55	621	Denis	McGill	SM	Individual
149	25.56	786	Joe	Gallen	SM	Individual
150	25.56	429	Madeline	Penrose	SW	Finn Valley A.C.
151	25.57	450	Roger	O'Connor	SM	Finn Valley A.C.
152	26.02	443	Marie	Harvey	SW	Finn Valley A.C.
153	26.05	256	Kieran	Thompson	JM	Finn Valley A.C.
154	26.05	254	Tom	Thompson	M35+	Finn Valley A.C.
155	26.21	433	Joleen	Arkinson	SW	Finn Valley A.C.
156	26.35	323	Bernie	Mc Guire	SW	Finn Valley A.C.
157	26.51	608	Margaret	Doherty	SW	Finn Valley A.C.
158	27.13	446	Martina	Conway	SW	Individual
159	27.21	253	Caroline	Mc Guire	SW	Finn Valley A.C.
160	27.28	404	Grace	Friel	SW	Individual
161	27.32	618	Ruth	McCrudden	SW	Individual
162	27.56	295	Jenifer	Mc Dermot	SW	Finn Valley A.C.
163	28.08	611	Deirdre	McGarrigle	SW	Individual
164	28.09	333	Donal	Bonner	SM	Individual
165	28.12	434	Sinead	Mc Croy	SW	Finn Valley A.C.
166	28.12	607	Siobhan	Byrne	SW	Finn Valley A.C.
167	28.17	441	Margret	Mc Connell	SW	Finn Valley A.C.
168	28.46	603	Gemma	Murray	SW	Individual
169	28.51	325	Patricia	Dooley	SW	Finn Valley A.C.
170	28.53	354	Mary	Martin	W45+	Finn Valley A.C.

171	29.32	753	Niamh	Walsh	SW	Individual
172	30.18	422	Elvis	Eglits	SM	Individual
173	30.45	445	Bernie	Martin	SW	Finn Valley A.C.
174	30.48	417	Cardann	Campbell	SW	Finn Valley A.C.
175	31.20	328	Colin	Walsh	SM	Individual
176	31.52	280	Edward	Crawford	SM	Individual
177	31.55	622	Gary	Vance	SM	Individual
178	32.50	790	Fionnuala	Marley	SW	Individual
179	32.55	620	Lynsey	Harding	SW	Individual
180	33.10	268	Marie	Gallagher	SW	Individual
181	33.43	428	Ann	Mc Gill	W35+	Finn Valley A.C.
182	36.10	298	Sharon	Scanlon	SW	Finn Valley A.C.
183	38.40	752	Bridget	Gallagher	SW	Finn Valley A.C.
184	38.49	454	Sharon	Mc Brearty	SW	Individual
185	38.49	453	Brid	Carlin	SW	Individual
186	40.23	793	Anne	Glancy	SW	Individual
187	45.09	787	Winnifred	Henderson	SW	Individual
188	45.09	779	Mary	Mc Bride	SW	Individual