

# ards forest park 10k

<i>Place</i>	<i>Time</i>	<i>No.</i>	<i>FirstName</i>	<i>Surname</i>	<i>Category</i>	<i>Club</i>
1	46.01	801	clive	boyce	SM	Individual
2	48.30	805	tom	kelly	M40+	Cranford AC
3	50.13	816	danny	higgins	SM	Individual
4	52.09	810	shane	doherty	JM	Individual
5	52.14	806	eoin	kelly	JM	Cranford AC
6	52.37	819	nancy	mcnamee	W35+	Finn Valley A.C.
7	53.15	802	raymond	mcahey	M40+	Individual
8	55.09	809	ann	doherty	SW	Individual
9	60.52	804	caroline	rice	SW	Individual
10	60.52	803	martin	mccaul	M40+	Individual
11	63.59	807	niamh	kelly	JW	Cranford AC
12	66.56	818	ursula	doigiewicz	SW	Individual
13	74.16	808	nora	doherty	JW	Cranford AC
14	74.17	811	martin	sweeney	JM	Individual
15	95.15	817	joan	frishey	SW	Individual
16	120.00	812	regina	kelly	SW	Individual
17	120.00	815	ann	moore	SW	Individual
18	120.00	813	carmel	mcglynn	SW	Individual
19	120.00	814	aoife	moore	JW	Individual

**Total Runners:** 19

**20 July 2011**