

Club Sponsors Cara Pharmacy Celebrates 10 Years.

Club sponsors for the past four years Cara Pharmacy, with head offices in Bundoran, celebrate 10 years in business on Friday 02 July. Company directors Canice and Ramona Nicholas are active Tír Chonaill Athletic Club members with Canice a regular on the road racing and triathlon scene, both, with a common sense approach, are invaluable sources of advice and readily available to all club members with encouragement and guidance.

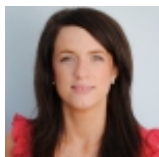
Founded in 2000 and wholly Irish owned, Cara Pharmacy, with its flagship store and warehouse based in Bundoran, have a total of 9 stores across the North West, including Donegal Town, Sligo, Leitrim and Cavan, employing over 100 people in the region. Along with their usual wide ranging services the recent launch of their innovative on-line shop has added that little bit extra, providing shopping from the comfort of your home.

As their ethos clearly states: '***We Care For Your healthcare***', it is not surprising then, that when you step into a Cara Pharmacy you immediately feel welcome, are greeted by courteous, knowledgeable and friendly staff willing to advice on any of their wide ranging products or services, and in a clean and bright environment.

We at Tír Chonaill Athletic Club are delighted and proud to be associated with Cara Pharmacy. We thank Canice and Ramona for their continued support and look forward to growing that relationship in the future. We congratulate you and all at Cara Pharmacy on what is a wonderful and indeed amazing achievement, and we wish you every continued success going forward. www.carapharmacy.com



Canice Nicholas BSc (Pharm), MPSI



Ramona Nicholas BSc (Pharm), MPSI