



**AAI National League 2009**  
**Round 1**  
**June 14th Antrim Forum**

6 Mark Boland	Athletics Clare	12.31	6 Sinead O'Gorman	St Abbans	14.14
7 Timmy Harrington	Togher/Bandon	13.31	7 Niamh Ni'Dhromna	Donore Harriers	15.72

<b>4*400m</b>			<b>4*400m</b>		
<i>Place</i>	<i>Athlete</i>	<i>Time</i>	<i>Place</i>	<i>Athlete</i>	<i>Time</i>
	<i>Club</i>			<i>Club</i>	
1	Athletics Kerry	3.33.86	1	Raheny Shamrocks	4.03.78
2	Sligo Athletics	3.33.94	2	St Abbans	4.05.01
3	Sli Cualann	3.36.83	3	Athletics Kerry	4.07.12
4	Togher/Bandon	3.38.61	4	Sli Cualann	4.12.99
5	Menapians B	3.40.08	5	Athletics Galway	4.36.45
6	Athletics Clare	3.43.40	6	Tullamore Harriers	4.42.37
7	An Ríocht	4.00.63	7	Donore Harriers	4.59.57

<b>Hammer</b>			<b>Hammer</b>		
<i>Place</i>	<i>Athlete</i>	<i>Distance</i>	<i>Place</i>	<i>Athlete</i>	<i>Distance</i>
	<i>Club</i>			<i>Club</i>	
1 James Nagle	Athletics Kerry	50.63	1 Katie O'Shea	Athletics Kerry	43.43
2 Jason O'Byrne	Sli Cualann	15.74	2 Lisa Dolan	Tullamore Harriers	33.26
3 Donal Rooney	Sligo Athletics	13.05	3 Emma Daly	St Abbans	31.66
			4 Nicola Monaghan	Athletics Galway	19.79
			5 Anne Buckley	Raheny Shamrocks	14.25
			6 Teresa Slattery	Sli Cualann	13.85

<b>Pole Vault</b>			<b>Pole Vault</b>		
<i>Place</i>	<i>Athlete</i>	<i>Height</i>	<i>Place</i>	<i>Athlete</i>	<i>Height</i>
	<i>Club</i>			<i>Club</i>	
1 Richard Whyte	Guest	3.60	1 Zoe Brown	Raheny Shamrocks	3.80
2 Ian Crowley	Athletics Kerry	3.00	2 Caoimhe Basquille	Sli Cualann	2.00
3 David Downey	Sli Cualann	2.00			

<b>Long Jump</b>			<b>Long Jump</b>		
<i>Place</i>	<i>Athlete</i>	<i>Distance</i>	<i>Place</i>	<i>Athlete</i>	<i>Distance</i>
	<i>Club</i>			<i>Club</i>	
1 Conal O'Callaghan	Athletics Kerry	6.27	1 Sinead O'Connor	Athletics Kerry	4.91
2 Ferdia Kenny	Sli Cualann	6.12	2 Emer Brennan	Tullamore Harriers	4.60
3 Timmy Harrington	Togher/Bandon	6.11	3 Sarah Finnegan	Athletics Galway	4.49
4 Lunya Bulman	Athletics Clare	6.07	4 Eellie Hartnett	Sli Cualann	4.40
5 Tomas Griffin	An Ríocht	5.69	5 Alison Millar	St Abbans	4.39
6 Francisco Grau	Guest	5.57	6 Susan Scallan	Raheny Shamrocks	4.00
7 Barry Orr	Guest	5.40	7 Clíodhna Carthy	Donore Harriers	2.46
8 Damian Walsh	Menapians B	5.13			
9 Ken Lipsett	Sligo Athletics	4.60			

<b>Discus</b>			<b>Discus</b>		
<i>Place</i>	<i>Athlete</i>	<i>Distance</i>	<i>Place</i>	<i>Athlete</i>	<i>Distance</i>
	<i>Club</i>			<i>Club</i>	
1 Darragh Hanlon	Guest	47.82	1 Clare Fitzgerald	Athletics Kerry	44.16
2 Daniel Clifford	Guest	46.40	2 Kelly Cunningham	Tullamore Harriers	27.66
3 Dave Sweeney	Sli Cualann	36.81	3 Shauna Daly	St Abbans	26.13
4 Gary Murtagh	Guest	35.37	4 Nicola Monaghan	Athletics Galway	21.61
5 Shane Delaney	Athletics Kerry	23.91	5 Colette McKenny	Raheny Shamrocks	15.05
6 David Downey	Guest	23.79	6 Clara Byrne	Sli Cualann	11.79
7 George Bradfield	Togher/Bandon	20.00			
8 Connell Boal	Sligo Athletics	16.94			
9 Michael Keane	Athletics Clare	15.05			

<b>High Jump</b>			<b>High Jump</b>		
<i>Place</i>	<i>Athlete</i>	<i>Height</i>	<i>Place</i>	<i>Athlete</i>	<i>Height</i>
	<i>Club</i>			<i>Club</i>	
1 Francois Kulik	Guest	1.75	1 Leona Byrne	Guest	1.72
2 Ciaran Mc Cabe	An Ríocht	1.75	2 Claire McNamara	Athletics Galway	1.62
3 Ian Crowley	Athletics Kerry	1.70	3 Ciara Walshe	Athletics Kerry	1.52
4 Ken Lipsett	Sligo Athletics	1.70	4 Caoimhe Basquille	Sli Cualann	1.47
5 Thomas Keehan	Guest	1.70	5 Aine Brennan	Tullamore Harriers	1.42
6 Clarence Kennedy	Guest	1.60	6 Grace Newport	Raheny Shamrocks	1.37
7 Aran Meyler	Menapians B	1.55	7 Andrea Burke	St Abbans	1.27
8 David Reynolds	Togher/Bandon	1.55			

<b>Shot Putt</b>			<b>Shot Putt</b>		
<i>Place</i>	<i>Athlete</i>	<i>Distance</i>	<i>Place</i>	<i>Athlete</i>	<i>Distance</i>
	<i>Club</i>			<i>Club</i>	
1 Daniel Clifford	Athletics Kerry	12.51	1 Claire Fitzgerald	Athletics Kerry	13.10
2 Dave Sweney	Sli Cualann	11.26	2 Shauna Daly	St Abbans	9.12
3 Tommy Greene	Athletics Clare	9.84	3 Helen Buckley	Raheny Shamrocks	8.69
4 Joe O' Connor	An Ríocht	8.96	4 Claire McNamara	Athletics Galway	8.60
5 Shane McCormack	Menapians B	8.06	5 Kelly Cunningham	Tullamore Harriers	7.95
6 Donal Rooney	Sligo Athletics	7.74	6 Niamh Ni'Dhromna	Donore Harriers	7.35
7 Goerge Bradfield	Togher/Bandon	5.98	7 Laura Boylan	Sli Cualann	6.22

<b>Javelin</b>			<b>Javelin</b>		
<i>Place</i>	<i>Athlete</i>	<i>Distance</i>	<i>Place</i>	<i>Athlete</i>	<i>Distance</i>
	<i>Club</i>			<i>Club</i>	
1 Lunya Bulman	Athletics Clare	47.16	1 Mary T Moynihan	Athletics Kerry	31.09
2 David Reynolds	Togher/Bandon	41.27	2 Emma Daly	St Abbans	24.10
3 Philipe Barrett	Athletics Kerry	35.86	3 Helen Buckley	Raheny Shamrocks	23.03
4 Connell Boal	Sligo Athletics	35.48	4 Lisa Dolan	Tullamore Harriers	21.85
5 Ferdia Kenny	Sli Cualann	28.51	5 Isabel Malley	Sli Cualann	21.17
			6 Niamh Ni'Dromna	Donore Harriers	19.79
			7 Laura Shaughnessy	Athletics Galway	9.28

<b>Triple Jump</b>			<b>Triple Jump</b>		
<i>Place</i>	<i>Athlete</i>	<i>Distance</i>	<i>Place</i>	<i>Athlete</i>	<i>Distance</i>
	<i>Club</i>			<i>Club</i>	
1 Michael Godley	Athletics Kerry	11.66	1 Ailbhe Courtney	Athletics Kerry	10.22
2 Tomas Griffin	An Ríocht	10.91	2 Chloe Doran	Raheny Shamrocks	10.10
3 Richard McArthur	Athletics Clare	10.48	3 Sarah Finnegan	Athletics Galway	9.77
4 Gavin Kenedy	Menapians B	10.15	4 Isabel Malley	Sli Cualann	9.49
5 David Downey	Sli Cualann	9.97	5 Aine Brennan	Tullamore Harriers	9.21
6 Jack Roberts	Sligo Athletics	7.81	6 Andrea Burke	St Abbans	9.13

<b>56lb Weight for Distance</b>		
<i>Place</i>	<i>Athlete</i>	<i>Distance</i>
	<i>Club</i>	
1 James Nagle	Athletics Kerry	6.91
2 Tommy Greene	Athletics Clare	5.60
3 Darragh Graham	Sli Cualann	4.39
4 Ian Shaw	Guest	3.60
5 Tom Laffan	Bandon	3.72
6 Shane McCormack	Menapians B	3.21
7 David Heath	Sligo Athletics	2.72
8 Donal O' Callaghan	An Ríocht	1.32