

1500m						1500m			
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>		Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>
191	Kevin Moriarty	Raheny Shamrocks	03:58.17		1	209	Michele Harvey	Tir Chonaill	04:42.17
196	John Travers	Donore Harriers	04:01.05		2	206	Rachel Gibson	City of Lisburn	04:47.42
193	John Carlisle	North Down	04:07.14		3	211	Joanne Mills	Lagan Valley	04:49.54
190	Jarleth Falls	Ballymena & Antrim	04:09.73		4	207	Laura Douglas	Ballymena & Antrim	05:11.33
195	Rob Cross	Crusaders	04:12.79		5	210	Kerry Iveston	North Down	05:12.00
192	Declan Moran	Clonliffe Harriers	04:49.00						
400m						400m			
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>		Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>
192	Jermey Lyons	Clonliffe Harriers	49.72			207	Jo Patterson	Ballymena & Antrim	55.72
191	Ciaran Kelly	Raheny Shamrocks	50.31			209	Mary McLoone	Tir Chonaill	57.45
197	Dan Mooney	Athletics Donegal	51.46			208	Leigh Whiteside	Abbey	57.79
193	Kenny Elliott	North Down	51.89			206	Christine Long	City of Lisburn	59.81
190	Gary Coulter	Ballymena & Antrim	52.23			210	Kim Shaw	North Down	60.26
196	Chris Kelly	Donore Harriers	53.22			211	Wendy Davis	Lagan Valley	61.04
195	Paul Breslin	Crusaders	53.48				Nicola Simpson	Guest	63.54
194	Richard Tsang	Shercock							
3000m Steeplechase						3000m			
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>		Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>
191	Donal Foley	Raheny Shamrocks	11:58.23		1	208	Judi Graham	Abbey	10:31.45
195	Gary Park	Crusaders	10:45.75		2	211	Catriona McCorkell	Lagan Valley	10:47.54
190	Ian Barrett	Ballymena & Antrim	10:43.17		3	210	Roberta Dornan	North Down	10:52.50
194	Paul Fitzpatrick	Shercock	10:36.20		4	209	Marie Rooney	Tir Chonaill	12:06.30
193	James Budde	North Down	10:20.27						
200m						200m			
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>		Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>
190	John Houston	Ballymena & Antrim	22.46		1	206	Laura McBurney	City of Lisburn	26.19
193	Kenny Elliott	North Down	22.67		2	209	Lisa Shiels	Tir Chonaill	26.43
196	Simon Taggart	Donore Harriers	22.82		3	208	Michele Rodgers	Abbey	27.00
195	Eoin Melvin	Crusaders	23.17		4	207	Amy Alexander	Ballymena & Antrim	27.46
191	Michael hynes	Raheny Shamrocks	23.23		5	210	Natalie Steele	North Down	29.21
192	Stephen Comiskey	Clonliffe Harriers	23.49				Guest		29.35
194	Richard Tsang	Shercock	25.40						

	Donore	Guest	27.20						
800m						800m			
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>		Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>
193	Niall Robinson	North Down	01:56.77		1	209	Michelle Harvey	Tir Chonaill	02:17.60
191	Darragh Flynn	Raheny Shamrocks	01:57.21		2	207	Sasha Hooks	Ballymena & Antrim	02:21.20
195	Ivan Kinahan	Crusaders	01:57.75		3	210	Lauren Scott	North Down	02:22.10
192	Stephen Harkness	Clonliffe Harriers	02:01.13		4	206	Rachel Gibson	City of Lisburn	02:23.00
196	Lee van Hoffer	Donore Harriers	02:02.47		5	208	Michele Rodgers	Abbey	02:29.70
190	PatrickMcCann	Ballymena & Antrim	02:03.17		6	211	Catriona McCorkell	Lagan Valley	02:34.50
194	James Riuxton	Shercock	02:12.96						
5000m									
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>						
191	Michael Cloghesy	Raheny Shamrocks	14:47.20						
195	Gareth Coghlan	Crusaders	15:26.42						
194	Noel Carroll	Shercock	15:26.70						
193	Francis Marsh	North Down	15:29.05						
196	Mark Dooley	Donore Harriers	15:32.97						
192	Michael McDiarmud	Clonliffe Harriers	15:48.87						
190	Matt Wray	Ballymena & Antrim	16:29.57						
100m						100m			
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>		Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>
195	Sean McMahon	Crusaders	10.8		1	211	Chloe Boomer	Lagan Valley	12.70
192	Steve Colvert	Clonliffe Harriers	11.28		2	208	Leigh Whiteside	Abbey	12.76
196	Daniel Kavanagh	Donore Harriers	11.3		3	209	Lisa Shiels	Tir Chonaill	12.92
194	Simon Taggart	Shercock	11.33		4	207	Amy Alexander	Ballymena & Antrim	13.16
191	Paul Smith	Raheny Shamrocks	11.5		5	206	Linzi Herron	City of Lisburn	13.40
190	Barry O'Donoghue	Ballymena & Antrim	13.6		6	210	Kerrie Craig	North Down	nt
193	Stuart Brown	North Down	DNF						
4*400m						4*400m			
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>		Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>
191		Raheny Shamrocks	3.26.57		1	209		Tir Chonaill	4.08.07
192		Clonliffe Harriers	3.29.68		2	207		Ballymena & Antrim	4.08.49
195		Crusaders	3.30.02		3	210		North Down	4.15.81
196		Donore Harriers	3.34.50						

193		North Down	3.36.45						
190		Ballymena & Antrim	3.40.64						
194		Shercock	3.51.49						
Hammer						Hammer			
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>	Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>	
192	Martin Hunt	Clonliffe Harriers	51.96	1	208	Rhiannon McNally	Abbey	44.99	
195	CJ Barry	Crusaders	43.02	2	211	Lynsey Glover	Lagan Valley	38.77	
193	Chris Summers	North Down	35.53	3	210	Melissa Free	North Down	33.52	
196	Thomas O'Hara	Donore Harriers	22.48	4	206	Rhiannon Rose	City of Lisburn	18.05	
				5	209	B Morris	Tir Chonaill	11.44	
Pole Vault						Pole Vault			
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Height</i>	Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Height</i>	
192	Ian Rogers	Clonliffe Harriers	4.20	1	207	Claire Wilkinson	Ballymena & Antrim	3.70	
191	Stuart Gillespie	Raheny Shamrocks	4.00						
194	Brian Flatley	Shercock	3.60						
195	Wanlin Gilles	Crusaders	2.40						
Long Jump						Long Jump			
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>	Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>	
195	Stephen Fleming	Crusaders	6.96	1	208	Mary Devlin	Abbey	5.44	
190	Sean McMahon	Ballymena & Antrim	6.79	2	206	Linzi Herron	City of Lisburn	4.86	
194	Paul Smith	Shercock	6.45	3	211	Jodie Murphy	Lagan Valley	4.75	
191	Jack Connolly	Raheny Shamrocks	6.20	4	210	Katie Dickson	North Down	4.69	
192	Steven Comiskey	Clonliffe Harriers	6.15	5	207	Chloe Jade McDonlad	Ballymena & Antrim	4.67	
193	Kenny Elliot	North Down	5.65	6	209	Ethna McLoone	Tir Chonaill	4.19	
196	Francis Grau	Donore Harriers	5.39						
Discus						Discus			
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>	Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>	
190	Leslie Leung	Ballymena & Antrim	21.23	1	210	Kathy Heatherington	North Down	31.60	
193	Jeremy Harper	North Down	45.34	2	207	Jenna Holmes	Ballymena & Antrim	27.89	
192	Luke Mangan	Clonliffe Harriers	37.77	3	211	Lynsey Glover	Lagan Valley	25.17	
194	M Reilly	Shercock	32.20	4	209	Mary McLoone	Tir Chonaill	22.87	
195	Phil Conway	Crusaders	31.59	5	208	Leigh Whiteside	Abbey	16.03	
191	J Buckley	Raheny Shamrocks	23.22	6	206	Lynsey Monteith	City of Lisburn	13.30	

196	C Kelly	Donore Harriers	15.85						
High Jump					High Jump				
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Height</i>		Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Height</i>
190	Caolan Flanagan	Ballymena & Antrim	1.95		1	207	Claire Wilkinson	Ballymena & Antrim	1.65
192	Marcin Klinkosz	Clonliffe Harriers	1.85		2	206	Linzi Herron	City of Lisburn	1.60
194	Brian Flatley	Shercock	1.80		3	210	Kerrie Craig	North Down	1.55
196	George Leahy	Donore Harriers	1.75		4	209	Louise Harvey	Tir Chonaill	1.45
195	Tomas Burke	Crusaders	1.65						
191	Ciaran O'Cathain	Raheny Shamrocks	1.65						
193	Ryan Crawford	North Down	1.40						
Shot Putt					Shot Putt				
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>		Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
192	L Mangan	Clonliffe Harriers	13.70		1	209	Geraldine Stewart	Tir Chonaill	12.27
193	Jeremy Harper	North Down	13.19		2	208	Rhiannon McNally	Abbey	9.88
195	S Lynch	Crusaders	11.69		3	207	Jemma Holmes	Ballymena & Antrim	9.00
194	M Reilly	Shercock	10.49		4	211	Jodie Murphy	Lagan Valley	8.41
190	Leslie Leung	Ballymena & Antrim	9.79		5	210	Melissa Free	North Down	7.52
191	D Smith	Raheny Shamrocks	6.55		6	206	Rhiannon Rose	City of Lisburn	7.03
196	T O'Hara	Donore Harriers	6.38						
Javelin					Javelin				
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>		Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
192	Marcin Klinzow	Clonliffe Harriers	45.63		1	209	Georgina Stewart	Tir Chonaill	30.86
190	Nigel Carlisle	Ballymena & Antrim	42.44		2	206	Silvia Rose	City of Lisburn	23.45
194	Albinas Kiltinavicius	Shercock	37.44		3	207	Rebecca McAllister	Ballymena & Antrim	20.25
193	James Budde	North Down	35.42		4	208	Gemma Turley	Abbey	14.11
195	Hugo Leeney	Crusaders	35.24						
191	Eoin Fanning	Raheny Shamrocks	32.45						
Triple Jump					Triple Jump				
<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>		Place	<i>No.</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
192	Marco Mattiuzzo	Clonliffe Harriers	13.44		1	208	Mary Devlin	Abbey	11.81
190	Sean McMahon	Ballymena & Antrim	12.55		2	207	Hannah Todd	Ballymena & Antrim	11.18
194	Richard Tsang	Shercock	11.86		3	210	Katie Dickson	North Down	10.75

