

Aviva Sportshall UK Championships

Ulster Final

Meadowbank Indoor Sports Arena, Magherafelt

Thursday 5 March 2009

Antrim

Belfast (under 13 girls)

Co. Londonderry (under 13 boys, under 15 girls & boys)

Derry City (under 13 girls & boys, under 15 girls)

Donegal

East Belfast (under 13 girls, under 15 girls)

Fermanagh

North Down (under 15 boys)

South Down (under 13 boys, under 15 boys)

Individuals

purple

red

red

green

grey

royal

violet

green

royal

maroon



2009 Regional Finals

uk:athletics 


AVIVA

Competition Results

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Donegal	grey	664	70	50	70	70	54	46	54	0	48	42	50	54	56
2	Derry City	green	609	60	60	50	40	42	40	36	50	46	57	38	48	42
3	Co. Londonderry	red	513	50	40	40	50	40	46	36	28	50	37	38	34	24
4	Antrim	purple	491	30	70	30	30	40	52	48	30	40	29	38	16	38
5	Fermanagh	violet	431	40	0	60	60	34	26	36	0	0	45	46	46	38

Team Results

Co. Londonderry (red)

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Donegal	grey	664	70	50	70	70	54	46	54	0	48	42	50	54	56
2	Derry City	green	609	60	60	50	40	42	40	36	50	46	57	38	48	42
3	Co. Londonderry	red	513	50	40	40	50	40	46	36	28	50	37	38	34	24
4	Antrim	purple	491	30	70	30	30	40	52	48	30	40	29	38	16	38
5	Fermanagh	violet	431	40	0	60	60	34	26	36	0	0	45	46	46	38

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Rory Nicholl	2LR	23.1	0.0			23.1	7	22
13	Rory Nicholl	HJ	0.00				0.00		
14	Terrance O'Bryan	2LR	23.3	0.0			23.3	9	18
14	Terrance O'Bryan	SLJ	2.00	1.98	1.95	0.00	2.00	9	16
15	Ruairidh Donaghy	6LR	1:25.4				1:25.4	9	14
15	Ruairidh Donaghy	S	0.00	6.65	6.58	0.00	6.65	7	20
16	Adam Henry	4LR	48.5	0.0			48.5	5	26
16	Adam Henry	VJ	0	0	0	0	0		
17	Andrew Nicholl	6LR	1:20.4				1:20.4	5	22
17	Andrew Nicholl	SLJ	2.12	2.05	2.14	0.00	2.14	6	22
18	Nicky Hudson	S	9.11	0.00	9.32	8.80	9.32	1	30
19	Matthew McCready	HJ	1.50				1.50	2	28
20	Mark Higgins	4LR	49.1	0.0			49.1	8	20
20	Mark Higgins	SB	67				67	5	24
21	David McClelland	SB	55				55	10=	13
22	Euan Lennox	STJ	5.24	5.66	5.86	6.14	6.14	6	20
23	Eughan Bradley	STJ	4.46	4.50	4.54	4.52	4.54	9	14
24	Shane McNolty	VJ	47	50	50	49	50	5	24

Team Results

Derry City (green)

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Donegal	grey	664	70	50	70	70	54	46	54	0	48	42	50	54	56
2	Derry City	green	609	60	60	50	40	42	40	36	50	46	57	38	48	42
3	Co. Londonderry	red	513	50	40	40	50	40	46	36	28	50	37	38	34	24
4	Antrim	purple	491	30	70	30	30	40	52	48	30	40	29	38	16	38
5	Fermanagh	violet	431	40	0	60	60	34	26	36	0	0	45	46	46	38

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Emmett Carlin	2LR	23.9	0.0			23.9	10	16
25	Emmett Carlin	VJ	53	52	52	53	53	2	28
26	Sam McCord	2LR	22.7	23.0			23.0	5	26
26	Sam McCord	S	0.00	9.04	8.13	8.30	9.04	2	28
27	Calum Imrie	4LR	48.8	0.0			48.8	6	24
27	Calum Imrie	HJ	1.45				1.45	3	26
28	Gary McKinley	4LR	52.8	0.0			52.8	10	16
28	Gary McKinley	S	6.45	5.52	5.76	5.64	6.45	8	18
29	Corey Hegarty	6LR	1:19.4				1:19.4	4	24
29	Corey Hegarty	SB	70				70	3=	27
30	Shane McGowan	SLJ	1.90	1.88	1.96	0.00	1.96	10	14
31	Quentin Wylie	6LR	1:30.7				1:30.7	10	12
31	Quentin Wylie	SB	74				74	1	30
32	Callum O'Brien	VJ	36	34	34	35	36	10	14
33	Ruairdhi O'Neill	HJ	1.40				1.40	4	24
34	Declan Canning	SLJ	2.14	2.20	2.22	0.00	2.22	4	24
35	Matthew Canning	STJ	6.16	5.86	6.08	6.12	6.16	5	22
36	Michael Cartin	STJ	6.30	6.18	5.88	5.92	6.30	3	26

Team Results

Donegal (grey)

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Donegal	grey	664	70	50	70	70	54	46	54	0	48	42	50	54	56
2	Derry City	green	609	60	60	50	40	42	40	36	50	46	57	38	48	42
3	Co. Londonderry	red	513	50	40	40	50	40	46	36	28	50	37	38	34	24
4	Antrim	purple	491	30	70	30	30	40	52	48	30	40	29	38	16	38
5	Fermanagh	violet	431	40	0	60	60	34	26	36	0	0	45	46	46	38

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	David McCarron	6LR	1:17.5				1:17.5	2	28
37	David McCarron	VJ	57	57	55	59	59	1	30
38	Darragh McGlynn	2LR	23.0	23.0			23.0	6	24
38	Darragh McGlynn	SB	66				66	6	22
39	Christopher Kelly	SLJ	2.04	2.10	2.10	0.00	2.10	7	20
40	Tiernan O'Dea	4LR	49.8	0.0			49.8	9	18
40	Tiernan O'Dea	S	7.80	8.52	8.37	8.06	8.52	3	26
41	Shannie Henry	4LR	48.4	0.0			48.4	4	28
41	Shannie Henry	SLJ	2.44	2.52	2.46	0.00	2.52	1	30
42	Conor Morrison	6LR	1:18.9				1:18.9	3	26
42	Conor Morrison	HJ	0.00				0.00	1	30
43	John Russell	STJ	6.48	6.48	6.62	6.46	6.62	1	30
44	Andrew McClean	SB	63				63	7	20
45	Eoin O'Leime	S	7.56	7.81	7.39	7.93	7.93	6	22
46	David McLaughlin	HJ	0.00				0.00	1	30
47	Michael Kelly	2LR	22.1	21.8			21.8	1	30
47	Michael Kelly	VJ	51	53	49	39	53	3	26
48	Jamie Brennan	STJ	6.00	5.98	5.74	6.18	6.18	4	24

Team Results

Fermanagh (violet)

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Donegal	grey	664	70	50	70	70	54	46	54	0	48	42	50	54	56
2	Derry City	green	609	60	60	50	40	42	40	36	50	46	57	38	48	42
3	Co. Londonderry	red	513	50	40	40	50	40	46	36	28	50	37	38	34	24
4	Antrim	purple	491	30	70	30	30	40	52	48	30	40	29	38	16	38
5	Fermanagh	violet	431	40	0	60	60	34	26	36	0	0	45	46	46	38

Comp No Name

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	James Britton	2LR	24.4	0.0			24.4	11	14
49	James Britton	STJ	5.56	5.52	5.40	6.14	6.14	7	18
50	James Carroll	SB	70				70	3=	27
51	Ryan Carney	4LR	53.0	0.0			53.0	11	14
51	Ryan Carney	HJ	0.00				0.00		
52	Ronan Doherty	STJ	6.32	6.16	6.22	6.48	6.48	2	28
53	Rhairi Maguire	6LR	1:22.0				1:22.0	6	20
53	Rhairi Maguire	SB	62				62	8	18
54	Rory Flynn	SLJ	1.98	1.96	2.02	0.00	2.02	8	18
55	Kane Sullivan	2LR	23.2	0.0			23.2	8	20
55	Kane Sullivan	SLJ	2.26	2.20	2.24	0.00	2.26	2	28
56	Kieran Grenfell	4LR	57.5	0.0			57.5	12	12
56	Kieran Grenfell	VJ	50	43	49	50	50	6	22
58	Conor Goodwin	VJ	37	38	36	37	38	9	16
59	Eddie Boyd	6LR	1:24.8				1:24.8	8	16
59	Eddie Boyd	HJ	0.00				0.00		

Team Results

Individual (maroon)

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Donegal	grey	664	70	50	70	70	54	46	54	0	48	42	50	54	56
2	Derry City	green	609	60	60	50	40	42	40	36	50	46	57	38	48	42
3	Co. Londonderry	red	513	50	40	40	50	40	46	36	28	50	37	38	34	24
4	Antrim	purple	491	30	70	30	30	40	52	48	30	40	29	38	16	38
5	Fermanagh	violet	431	40	0	60	60	34	26	36	0	0	45	46	46	38

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
174	Ben Dempster	4LR	46.6	0.0			46.6	1	1
174	Ben Dempster	HJ	1.40				1.40	5	5
175	Michael McComb	2LR	22.2	22.0			22.0	2	2
175	Michael McComb	SLJ	2.15	2.18	2.15	0.00	2.18	5	5
176	Andrew Mellow	2LR	22.6	22.1			22.1	3	3
176	Andrew Mellow	SB	73				73	2	2
177	Kurt Simpson	S	8.18	6.36	6.97	7.69	8.18	5	5
178	Connor Crymble	4LR	46.8	0.0			46.8	3	3
178	Connor Crymble	VJ	47	49	51	48	51	4	4

Results Sheet

Obstacle Relay

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Code	Team	Colour
1	04	Donegal	grey
2	03	Derry City	green
3	02	Co. Londonderry	red
4	05	Fermanagh	violet
5	01	Antrim	purple

Heat	Final	Performance	Points
1:14.1	0.0	1:14.1	70.0
1:20.3	0.0	1:20.3	60.0
1:21.2	0.0	1:21.2	50.0
1:22.8	0.0	1:22.8	40.0
1:24.0	0.0	1:24.0	30.0

Results Sheet

2 Lap Race

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team	Colour	Points
1	Donegal	grey	54
2	Derry City	green	42
3=	Antrim	purple	40
3=	Co. Londonderry	red	40
5	Fermanagh	violet	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Donegal	grey	47	Michael Kelly	21.8	30
2	Individual	maroon	175	Michael McComb	22.0	0
3	Individual	maroon	176	Andrew Mellow	22.1	0
4	Antrim	purple	1	Aaron Weir	22.4	28
5	Derry City	green	26	Sam McCord	23.0	26
6	Donegal	grey	38	Darragh McGlynn	23.0	24
7	Co. Londonderry	red	13	Rory Nicholl	23.1	22
8	Fermanagh	violet	55	Kane Sullivan	23.2	20
9	Co. Londonderry	red	14	Terrance O'Bryan	23.3	18
10	Derry City	green	25	Emmett Carlin	23.9	16
11	Fermanagh	violet	49	James Britton	24.4	14
12	Antrim	purple	6	Bartosz Bocian	24.5	12

Results Sheet

4 Lap Race

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team	Colour	Points
1	Antrim	purple	52
2=	Co. Londonderry	red	46
2=	Donegal	grey	46
4	Derry City	green	40
5	Fermanagh	violet	26

Ranking	Team	BibNo	Name	Colour	Best	Points
1	Individual	174	Ben Dempster	maroon	46.6	0
2	Antrim	11	Ryan McIlroy	purple	46.7	30
3	Individual	178	Connor Crymble	maroon	46.8	0
4	Donegal	41	Shannie Henry	grey	48.4	28
5	Co. Londonderry	16	Adam Henry	red	48.5	26
6	Derry City	27	Calum Imrie	green	48.8	24
7	Antrim	10	Niall McCormack	purple	48.9	22
8	Co. Londonderry	20	Mark Higgins	red	49.1	20
9	Donegal	40	Tiernan O'Dea	grey	49.8	18
10	Derry City	28	Gary McKinley	green	52.8	16
11	Fermanagh	51	Ryan Carney	violet	53.0	14
12	Fermanagh	56	Kieran Grenfell	violet	57.5	12

Results Sheet

6 Lap Time Trial

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team	Colour	Points
1	Donegal	grey	54
2	Antrim	purple	48
3=	Co. Londonderry	red	36
3=	Derry City	green	36
3=	Fermanagh	violet	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Antrim	purple	2	Phillip Kermohan	1:14.2	30
2	Donegal	grey	37	David McCarron	1:17.5	28
3	Donegal	grey	42	Conor Morrison	1:18.9	26
4	Derry City	green	29	Corey Hegarty	1:19.4	24
5	Co. Londonderry	red	17	Andrew Nicholl	1:20.4	22
6	Fermanagh	violet	53	Rhairi Maguire	1:22.0	20
7	Antrim	purple	12	Paul Robinson	1:22.2	18
8	Fermanagh	violet	59	Eddie Boyd	1:24.8	16
9	Co. Londonderry	red	15	Ruairidh Donaghy	1:25.4	14
10	Derry City	green	31	Quentin Wylie	1:30.7	12

Results Sheet

8 Lap Paarlauf

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Code	Team	Colour
1	01	Antrim	purple
2	03	Derry City	green
3	04	Donegal	grey
4	02	Co. Londonderry	red

Heat	Final	Performance	Points
1:37.3	0.0	1:37.3	70.0
1:38.2	0.0	1:38.2	60.0
1:38.3	0.0	1:38.3	50.0
1:40.4	0.0	1:40.4	40.0

Results Sheet

4 x 1 Lap Relay

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Code	Team	Colour
1	04	Donegal	grey
2	05	Fermanagh	violet
3	03	Derry City	green
4	02	Co. Londonderry	red
5	01	Antrim	purple

Heat	Final	Performance	Points
46.5	0.0	46.5	70.0
47.0	0.0	47.0	60.0
47.4	0.0	47.4	50.0
48.1	0.0	48.1	40.0
50.0	0.0	50.0	30.0

Results Sheet

4 x 2 Lap Relay

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Code	Team	Colour
1	04	Donegal	grey
2	05	Fermanagh	violet
3	02	Co. Londonderry	red
4	03	Derry City	green
5	01	Antrim	purple

Heat	Final	Performance	Points
1:30.1	0.0	1:30.1	70.0
1:31.3	0.0	1:31.3	60.0
1:34.8	0.0	1:34.8	50.0
1:35.7	0.0	1:35.7	40.0
1:38.9	0.0	1:38.9	30.0

Results Sheet

High Jump

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team
	Donegal
	Fermanagh
1	Derry City
2	Antrim
3	Co. Londonderry

Colour	Points
grey	0
violet	0
green	50
purple	30
red	28

Ranking	Team	Colour
1	Antrim	purple
2	Co. Londonderry	red
3	Derry City	green
4	Derry City	green
5	Individual	maroon
	Antrim	purple
	Co. Londonderry	red
	Donegal	grey
	Donegal	grey
	Fermanagh	violet
	Fermanagh	violet

BibNo	Name	Best	Points
10	Niall McCormack	1.50	30
19	Matthew McCready	1.50	28
27	Calum Imrie	1.45	26
33	Ruairdhi O'Neill	1.40	24
174	Ben Dempster	1.40	0
5	Boyd Cathcart	0.00	0
13	Rory Nicholl	0.00	0
42	Conor Morrison	0.00	0
46	David McLaughlin	0.00	0
51	Ryan Carney	0.00	0
59	Eddie Boyd	0.00	0

Results Sheet

Shot

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team
1	Fermanagh
2	Co. Londonderry
3	Donegal
4	Derry City
	Antrim

Colour	Points
violet	0
red	50
grey	48
green	46
purple	40

Ranking	Team	Colour
1	Co. Londonderry	red
2	Derry City	green
3	Donegal	grey
4	Antrim	purple
5	Individual	maroon
6	Donegal	grey
7	Co. Londonderry	red
8	Derry City	green
9	Antrim	purple

BibNo	Name	Best	Points
18	Nicky Hudson	9.32	30
26	Sam McCord	9.04	28
40	Tiernan O'Dea	8.52	26
4	James Bacon	8.34	24
177	Kurt Simpson	8.18	0
45	Eoin O'Leime	7.93	22
15	Ruairidh Donaghy	6.65	20
28	Gary McKinley	6.45	18
6	Bartosz Bocian	5.53	16

Results Sheet

Speed Bounce

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team
1	Derry City
2	Fermanagh
3	Donegal
4	Co. Londonderry
5	Antrim

Colour	Points
green	57
violet	45
grey	42
red	37
purple	29

Ranking	Team	Colour
1	Derry City	green
2	Individual	maroon
3=	Derry City	green
3=	Fermanagh	violet
5	Co. Londonderry	red
6	Donegal	grey
7	Donegal	grey
8	Fermanagh	violet
9	Antrim	purple
10=	Antrim	purple
10=	Co. Londonderry	red

BibNo	Name	Total	Points
31	Quentin Wylie	74	30
176	Andrew Mellow	73	0
29	Corey Hegarty	70	27
50	James Carroll	70	27
20	Mark Higgins	67	24
38	Darragh McGlynn	66	22
44	Andrew McClean	63	20
53	Rhairi Maguire	62	18
8	Jason Weir	59	16
7	Bradley Morrison	55	13
21	David McClelland	55	13

Results Sheet

Standing Long Jump

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team	Colour	Points
1	Donegal	grey	50
2	Fermanagh	violet	46
3=	Antrim	purple	38
3=	Co. Londonderry	red	38
3=	Derry City	green	38

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Donegal	grey	41	Shannie Henry	2.52	30
2	Fermanagh	violet	55	Kane Sullivan	2.26	28
3	Antrim	purple	11	Ryan McIlroy	2.22	26
4	Derry City	green	34	Declan Canning	2.22	24
5	Individual	maroon	175	Michael McComb	2.18	0
6	Co. Londonderry	red	17	Andrew Nicholl	2.14	22
7	Donegal	grey	39	Christopher Kelly	2.10	20
8	Fermanagh	violet	54	Rory Flynn	2.02	18
9	Co. Londonderry	red	14	Terrance O'Bryan	2.00	16
10	Derry City	green	30	Shane McGowan	1.96	14
11	Antrim	purple	12	Paul Robinson	1.91	12

Results Sheet

Standing Triple Jump

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team	Colour	Points
1	Donegal	grey	54
2	Derry City	green	48
3	Fermanagh	violet	46
4	Co. Londonderry	red	34
5	Antrim	purple	16

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Donegal	grey	43	John Russell	6.62	30
2	Fermanagh	violet	52	Ronan Doherty	6.48	28
3	Derry City	green	36	Michael Cartin	6.30	26
4	Donegal	grey	48	Jamie Brennan	6.18	24
5	Derry City	green	35	Matthew Canning	6.16	22
6	Co. Londonderry	red	22	Euan Lennox	6.14	20
7	Fermanagh	violet	49	James Britton	6.14	18
8	Antrim	purple	9	Peter Montgomery	5.68	16
9	Co. Londonderry	red	23	Eughan Bradley	4.54	14
	Antrim	purple	12	Paul Robinson	0.00	0

Results Sheet

Vertical Jump

Competition:

ASHA-Ulster Final Under 13 Boys

Venue:

Meadowbank Sports Arena, Magherafelt 5 Mar 2009

Date

Ranking	Team	Colour	Points
1	Donegal	grey	56
2	Derry City	green	42
3=	Antrim	purple	38
3=	Fermanagh	violet	38
5	Co. Londonderry	red	24

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Donegal	grey	37	David McCarron	59	30
2	Derry City	green	25	Emmett Carlin	53	28
3	Donegal	grey	47	Michael Kelly	53	26
4	Individual	maroon	178	Connor Crymble	51	0
5	Co. Londonderry	red	24	Shane McNulty	50	24
6	Fermanagh	violet	56	Kieran Grenfell	50	22
7	Antrim	purple	1	Aaron Weir	46	20
8	Antrim	purple	3	Colin Hayden	44	18
9	Fermanagh	violet	58	Conor Goodwin	38	16
10	Derry City	green	32	Callum O'Brien	36	14
	Co. Londonderry	red	16	Adam Henry	0	0